



## SELF-CONTROL

Choosing to do what you should do, not what you want to do.

## WEEK FIVE

### MEMORY VERSE

"My dear brothers and sisters, pay attention to what I say. Everyone should be quick to listen. But they should be slow to speak. They should be slow to get angry." James 1:19, NIV

### BIBLE STORY

What You Think About (Philippians 4:8)

### BOTTOM LINE

Use the Bible to guide your thoughts.

The logo for 252 HOME, with "252" in a large, bold, outlined font and "HOME" in a smaller, bold, outlined font.

©2011 Orange. All rights reserved. [www.WhatIsOrange.org](http://www.WhatIsOrange.org)



## SELF-CONTROL

Choosing to do what you should do, not what you want to do.

## WEEK FIVE

### MEMORY VERSE

"My dear brothers and sisters, pay attention to what I say. Everyone should be quick to listen. But they should be slow to speak. They should be slow to get angry." James 1:19, NIV

### BIBLE STORY

What You Think About (Philippians 4:8)

### BOTTOM LINE

Use the Bible to guide your thoughts.

The logo for 252 HOME, with "252" in a large, bold, outlined font and "HOME" in a smaller, bold, outlined font.

©2011 Orange. All rights reserved. [www.WhatIsOrange.org](http://www.WhatIsOrange.org)



## SELF-CONTROL

## WEEK FIVE



### MEAL TIME

**Ask a kid:** What are some things that you should think about? (See Philippians 4:8 for hints.)

**Ask a parent:** How have you learned to guide your thoughts?



### PARENT TIME

To hear more about how you can celebrate your kid's growth and imagine the end, check out this month's Parent Link Live podcast on [www.OrangeParents.org](http://www.OrangeParents.org).

And for more mealtime questions, and great activities that you and your child can do at other times of your week, check out [www.Studio252.tv](http://www.Studio252.tv) and the Parent Cue app for your smartphone.

# 252 HOME

©2011 Orange. All rights reserved. [www.WhatIsOrange.org](http://www.WhatIsOrange.org)



## SELF-CONTROL

## WEEK FIVE



### MEAL TIME

**Ask a kid:** What are some things that you should think about? (See Philippians 4:8 for hints.)

**Ask a parent:** How have you learned to guide your thoughts?



### PARENT TIME

To hear more about how you can celebrate your kid's growth and imagine the end, check out this month's Parent Link Live podcast on [www.OrangeParents.org](http://www.OrangeParents.org).

And for more mealtime questions, and great activities that you and your child can do at other times of your week, check out [www.Studio252.tv](http://www.Studio252.tv) and the Parent Cue app for your smartphone.

# 252 HOME

©2011 Orange. All rights reserved. [www.WhatIsOrange.org](http://www.WhatIsOrange.org)